



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------|---|---|---|---|--------------------------------------|
| BREAKFAST | Weetbix & Toast | Weetbix & Toast | Weetbix & Toast | Weetbix & Toast | Weetbix & Toast |
| MORNING TEA | Seasonal Fresh Fruit with Milk | Seasonal Fresh Fruit with Milk | Seasonal Fresh Fruit with Milk | Blueberry Muffins with Milk | Seasonal Fresh Fruit with Milk |
| INGREDIENTS | | | | Blueberries, Flour, Milk, Eggs, Oil, Sugar | |
| LUNCH | Pesto Chicken Pasta | White Fish Potato Bake | Pork Korma Curry with Rice | Meatloaf with Mashed Potatoes, Vegetables and Gravy | Lamb Koftas with Rice Pilaf |
| INGREDIENTS | Chicken, Vegetables, Cream Sauce, Pasta | Flathead, Vegetables, Cream Sauce, Cheese | Pork, Vegetables, Sauce, Rice | Beef, Bread Crumbs, Eggs, Vegetables, Gravy | Lamb, Vegetables, Rice, Tomato Broth |
| AFTER LUNCH | Cut Apples to clean teeth | Cut Apples to clean teeth | Cut Apples to clean teeth | Cut Apples to clean teeth | Cut Apples to clean teeth |
| AFTERNOON TEA | Stick Date Cake with Milk | Pinwheels with Milk | Apple Crumble with Cream and Milk | Seasonal Fresh Fruit with Milk | Raisin Bread with Milk |
| INGREDIENTS | Dates, Flour, Eggs, Margarine, Sugar | Assorted | Apples, Oats, Coconut, Flour, Margarine, Sugar, Cream | | With Margarine |
| LATE SNACK | Daily Selection | Daily Selection | Daily Selection | Daily Selection | Daily Selection |